

SPA BOTANICA

CLIENT PROFILE

Name: _____ Birthday: / /

Address: _____

City _____ State: _____ Zip: _____ Preferred Phone: () - Home Cell

What do you hope to accomplish through your visit today? _____

Communication Preferences

I would like to receive appointment reminders by: Phone Email Address _____

If receiving appointment reminders by phone but you would like to receive Spa Botanica's monthly specials via email please list address above.

May we send birthday cards, thank you notes & spa-related information to your mailing address? Yes No, please exclude me from your mailing

Who may we thank for referring you to our spa?

Existing Customer _____ Spa/Hotel Staff _____ Hotel Literature/Signage

Hotel Website Internet Mail Newspaper Radio Yellow Pages Pinnacle Country Club Facebook Twitter Gift Card

GENERAL HEALTH HISTORY

Please indicate below any condition you currently have or have experienced in the past:

- | | | | | | |
|---|---|---|--|---|---|
| <input type="checkbox"/> Accident/Surgery | <input type="checkbox"/> Broken Bones | <input type="checkbox"/> Contact Lenses | <input type="checkbox"/> Heart Condition | <input type="checkbox"/> Metal Plates | <input type="checkbox"/> Scoliosis |
| <input type="checkbox"/> Acne | <input type="checkbox"/> Cancer | <input type="checkbox"/> Depression | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Migraines | <input type="checkbox"/> Seborrhea |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Claustrophobia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Herpes | <input type="checkbox"/> Muscle Sprain | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Communicable Disease | <input type="checkbox"/> Eczema | <input type="checkbox"/> HIV | <input type="checkbox"/> Neck/Shoulder Pain | <input type="checkbox"/> Shoulder Pain |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Contact Dermatitis | <input type="checkbox"/> Fungal Infection | <input type="checkbox"/> Currently Lactating | <input type="checkbox"/> Numbness/Tingling | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Currently Pregnant | <input type="checkbox"/> Headaches | <input type="checkbox"/> Lower Back Pain | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Sleeplessness |
| <input type="checkbox"/> Blood Pressure | <input type="checkbox"/> Hearing Aid | <input type="checkbox"/> Menopause | <input type="checkbox"/> Rosacea | <input type="checkbox"/> Thyroid | <input type="checkbox"/> TMJ (jaw) |

Please provide specific details for health conditions checked. Please also list medications you are currently taking:

Have you taken medication (including Tylenol) for fever and/or had symptoms of contagious illness such as cold or flu in the last 48 hours?

Yes No *For the protection of your health, our staff and guests, please answer honestly. Some spa treatments may worsen your symptoms.*

CONSENT FOR TREATMENT AND CODE OF CONDUCT

I understand massage, skin and body treatments are for relaxation, stress reduction, muscle pain relief, beautification and for increasing circulation. I understand spa treatments are not a substitute for medical treatment or diagnosis. I have stated all my known medical conditions honestly. I understand Spa Botanica reserves the right to refuse treatment if determined unsafe for me due to any current or past medical conditions. _____ (initial)

As a spa guest, I agree to communicate my preferences, expectations, concerns and discomforts to my therapist throughout my visit. I will treat guests and staff with the same courtesy and respect I will receive- by making prior arrangements for children, arriving on time for appointments, turning my cell phone off before entering the spa, speaking quietly in "whisper zones" and adhering to all other published policies and procedures. I understand any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session and I will be liable for payment for the "full" scheduled appointment. Should a therapist make me uncomfortable, I too have the right to end service at any time and will promptly report misconduct to the spa director. _____ (initial)

Should I need to cancel or change future appointment dates and/or times, I agree to give a full 24 hour notice for single appointments and 48 hours for multiple appointments. If I choose to cancel services with less than the required time, I am responsible for payment of services scheduled. I understand charges will be applied to the credit card and/or gift card/s used to confirm my initial reservation. _____ (initial)

Client Signature _____ Date / /

PLEASE COMPLETE THIS SECTION IF YOU ARE RECEIVING A MASSAGE OR BODY TREATMENT

What are your present concerns?

- Dry Skin Breakouts Elasticity/Firmness Cellulite
 Muscle Tension/Pain Mgmt

How often do you receive massage?

- Weekly Monthly Rarely This is my first massage

How often do you receive body treatments?

- Monthly Quarterly Rarely This is my first body treatment

What type of massage pressure do you prefer? Light Medium Firm

Please list areas you would like us to spend extra time on today:

Do you use any of the following products?

- | | |
|---|-------------------|
| <input type="checkbox"/> Body Scrub | What Brand? _____ |
| <input type="checkbox"/> Body Wash/Soap | What Brand? _____ |
| <input type="checkbox"/> Body Moisturizer | What Brand? _____ |
| <input type="checkbox"/> Body Firming Cream | What Brand? _____ |
| <input type="checkbox"/> Bath Oil | What Brand? _____ |
| <input type="checkbox"/> Hot/Cold Packs | |
| <input type="checkbox"/> Aromatherapy | What Brand? _____ |

Please list any areas you do not want massaged today:

PLEASE COMPLETE THIS SECTION IF YOU ARE RECEIVING A FACIAL OR FACIAL MASSAGE

SKIN TYPE

- Normal Oily Dry Combination Sensitive Skin

When exposed to the sun, my skin:

- Burns easily Tans easily Never Burns Never Tans

EYES

- Crows Feet/Wrinkles Puffiness Lack of Elasticity Dark Shadows

MOUTH

- Wrinkles Nasolabial Fold Hyper Pigmentation

CHEEKS

- Loss of Elasticity Cross wrinkles (sun damage) Dilated Pores
 Hyper pigmentation Uneven Texture Visible Capillaries

NECK & Décolleté AREA

- Wrinkles Lack of Elasticity Sun Damage Hyper pigmentation

How often to you receive a facial? Regularly Seldom Never

If you could change one thing about your skin, what would it be?

Have you ever had an allergic reaction to a skincare product? Yes No
 If yes, please explain. _____

CURRENT SKIN CONCERNS

- Acne Aging Blackheads Dry Skin Enlarged Pores
 Sensitive/Breakout Very Sensitive/Rosacea Acne Mature
 Hyper pigmentation Oily Skin Redness Scars Tightness

FACIAL PROCEDURES

Please check all services you have recently received:

- Microdermabrasion
 Chemical Peel
 Waxing
 Botox Injections
 Laser Treatments
 Collagen Injections

Please list the brand of product you use for the following:

- Eye makeup remover _____
 Cleanser _____
 Toner _____
 Moisturizer _____
 Exfoliator _____
 Mask _____
 Make-up _____
 Sunscreen _____